



MARTIAL ARTS SOCIETY



 Our website
AIRBUS-STAFF-ASSOCIATIONS.ORG

INFORMATION & REGISTRATION



JOIN THE MARTIAL ARTS SOCIETY



OUR ACTIVITIES

AÏKIDO

Aïkido is characterised by circular movements, throws, immobilisations, and atemis (strikes).

Weapons training also plays an important role, including the practice of the wooden sword (Bokken), staff (Jô), and knife (Tanto).

BODY MARTIAL ART (BMA) & TAISO

Body Martial Art (BMA) and **Taiso** are physical training methods specifically designed to support and enhance martial arts practice.

SELF-DEFENCE

Self-defence is aimed at anyone wishing to learn simple and effective techniques to deal with potential physical aggression, using their body and everyday objects.

QI GONG

Qi Gong is a traditional Chinese discipline focused on the release and circulation of vital energy.

It combines fluid movements, breathing exercises, and mental concentration to promote harmony and well-being.

TAI CHI CHUAN

Tai Chi Chuan is a Chinese martial art based on a sequence of broad, slow movements.

It aims to improve health by working on the meridians and internal energy flow.

SANDA

Sanda is a modern Chinese boxing focused on effective one-on-one combat.

It is a complete martial art that teaches punches, kicks, grabs, sweeps, and throws.

KUNG FU

Kung Fu, a traditional Chinese martial art offering a wide variety of styles, allowing each practitioner to adapt their training to their body type. It develops speed, power, flexibility and energy.

SYNERGY

Martial arts Synergy, propose a complementary activity based on physical and emotional self-control in addition to fighting and throwing techniques.

JOINT ACTIVITIES WITH OUR PARTNERS

JUDO

JUJITSU

ARNIS KALI ESKRIMA

KARATE

STRENGTH TRAINING

And all other activities proposed by our partners.

For more information on the available activities and their schedules, please visit the websites of Blagnac ARTS MARTIAUX (BAM) and Blagnac Sporting Club JUDO (BSC):

BSC: <https://bscjudo.sportsregions.fr/>

BAM: <https://www.blagnacartsmartiaux.fr/site/>

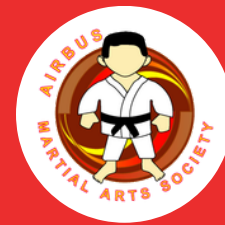
Registration is done by subscribing to the Self-Defence membership at AISA MAS.

OUR VOLUNTEERS

- PRESIDENT PIERRE-OLIVIER TRAINS : PIERRE-OLIVIER.TRAINS@AIRBUS.COM
- SECRETARYXAVIER ARNAULD-DES-LIONS : XAVIER.ARNAULD-DES-LIONS@AIRBUS.COM
- COMMUNICATIONPIERRE BROSSET : PIERRE.BROSSET@AIRBUS.COM
- TREASURERSAMUEL MARCHAL : SAMUEL.MARCHAL@AIRBUS.COM



JOIN THE MARTIAL ARTS SOCIETY



HOW TO JOIN

To join us, you must be:

- **A member of the Airbus Staff Associations (AISA) – 2026–2027 season (€5)**
- **A member of the MARTIAL ARTS section – 2026–2027 season (€20)**

FIRST TIME REGISTRATION You must come in person to the AISA office and provide :

- A medical certificate or a Declaration on Honour/QS Sport form 2025 completed, dated and signed
- Our General Membership Conditions (CGA – including Image Rights), completed, dated, and signed for each person wishing to register (main member, dependents: spouses, adult and minor children...).
- An annual fee: €5 for AISA (card payment) + €20 for the MARTIAL ARTS Society (card payment), per person, non-prorated.

Medical documents and CGA are available at: airbus-staff-associations.org

RENEWAL We invite you to complete your registration via your personal MonClub account :

- A medical certificate or a Declaration on Honour/QS Sport form 2025 completed, dated and signed
- Pay the annual fee: €5 for AISA (card payment) + €20 for the MARTIAL ARTS Society (card payment), per person, non-prorated.

AIRBUS retirees may also join AISA under the same conditions as active staff.

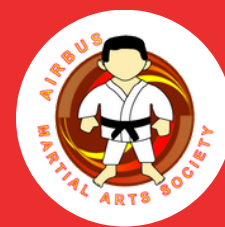
The AISA office is located in the AISC building and is open on Mondays, Tuesdays and Thursdays from 1:00 PM to 5:00 PM (closed on Wednesdays and Fridays to the public).

For more information, contact the AISA secretariat:

ACCOUNT.STAFF-ASSOCIATIONS@AISC-AIRBUS.COM



MARTIAL ARTS SOCIETY



TIMETABLES, PRICES AND LOCATION OF ACTIVITIES

Martial Arts	Days	Time	Locations	Subscription +5€ AISA +20€ MAS
Aïkido	Monday Friday	18h00-19h30 12h15-13h15	Dojo AISA	120€ +40€ License
Sanda	Wednesday (punches, kicks, throws) Monday (Techniqueo)	18h00-20h00 18h00-19h30	Dojo AISA AISA Pavillon 1&2	120€ +80€
Tai Chi Chuan	Monday (sequence) Friday (martial app)	12h15-13h15 12h15-13h15	Dojo BSC	120€
Qi Gong	Tuesday Thursday	18h30-19h30 12h15-13h15	Dojo AISA	120€
Self-Defense	Monday Wednesday	12h30-13h30 12h30-13h30	Dojo AISA	120€
Judo	Tuesday Thursday	12h15-13h15 12h15-13h15	Dojo BSC	120€
Body Martial Art (BMA)	Tuesday (strength training) Friday (Taiso)	12h15-13h15 11h55-12h55	Dojo AISA B55 Room Lotus	120€
Kung-Fu	Thursday	18h00-19h30	Dojo AISA	120€
Synergy	Friday	17h00-19h00	Dojo AISA	120€

REDUCED rates:

- €80 per activity from the second activity subscribed (0€ for Synergy)
- €80 mid-season activity registration (from 1st March onwards).

NON-AIRBUS rate:

- €120 per activity.

Medical Certificates and Health Questionnaires:

- Sanda: Medical certificate required annually.
- All other activities except Sanda: Medical certificate required every 3 years, with health questionnaires to be completed in between.

Dojo Addresses:

- AISA Dojo / Pavilion 1 & 2: 8 Rue Georges Lequiem, 31700 Blagnac
- BSC Dojo: 20 Chemin de Bélisaire, 31700 Blagnac
- BAM Dojo: Sports Complex, 1st Floor, Chemin du Ferradou, 31700 Blagnac

